

# Finding and Appraising the Evidence for Evidence Based Practice

Course Code 2012

25th August, 8th & 29th September 2011  
3-5pm each day

OT Australia NSW Training Room,  
Newington

Cost: **Members: \$255** (includes GST) **Non Members \$510** (includes GST)



## Course Overview

This will be a 3 part course held over 5 weeks providing participants with an opportunity to practice the skills they learn between sessions and to get practical knowledge on how to find evidence and then how to appraise it with the aim of improving their practice. Participants will attend a 2 hour lecture session and will then have tasks to practice as homework in the intervening time before the next session.

### At the completion of the workshop participants will be able to:

- Describe the process and stages of evidence-based practice
- Write a structure clinical question in preparation for database searching
- Find and use free websites containing randomized controlled trials, systematic reviews, clinical guidelines, and appraisal checklists
- Search electronic databases for evidence to answer clinical questions on the effectiveness of OT interventions
- State the level of evidence of published research studies
- Identify strengths and weaknesses of randomized controlled trials and qualitative research by using a critical appraisal process
- Calculate personal and organizational barriers to using evidence in practice, and strategies to manage some of these barriers, using a SWOT analysis and learning contract.

### About the Presenter: Annie McCluskey

Clinical experience: Stroke and brain injury rehabilitation for 20 years + in Australia and the UK.

Postdoctoral research fellow at the University of Sydney, Australia.

Private occupational therapy practitioner offering community-based motor retraining for people with stroke.

Research and publications: Outcome measurement and evidence-based practice; adult handwriting assessment; effectiveness of hand splinting after stroke;

Developer of the free OT-CATs website, ([www.otcats.com](http://www.otcats.com)), and co-developer of 'OTseeker', a free evidence database for occupational therapists ([www.otseeker.com](http://www.otseeker.com))

### To secure a place for this CPD please register and pay online .

<http://www.otausvic.com.au/professionaldevelopment/category/new-south-wales>

Registration forms are also available from website

[http://www.otnsw.com.au/download/education\\_Registration\\_Form.pdf](http://www.otnsw.com.au/download/education_Registration_Form.pdf)

And can be faxed to (02) 9737 0023 or posted (see address below)

### Places for CPD events are limited.

A place on the course will not be confirmed until payment is received

**Registrations close 10 August or when the workshop is full.**

### OT AUSTRALIA NSW

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This course will be considered an assessed course for AccOT 2010 giving at least 6 hours credit.

