This workshop is open to all occupational therapists from beginner, student, new graduate to advanced. This workshop aims to provide an overview of the foundations of functional manual handling specific to patients within healthcare facilities and the community. It will include theory about manual handling, back care, risk management, transfers and equipment commonly used.

This theory will be followed by an interactive component where participants will have the opportunity to practice different transfers such as shower hob transfers, bed to chair, toilet, car transfers and brainstorm / ask questions related to specific scenarios within the hospital and community therapists may have experienced.

Learning objectives and outcomes include:

- To provide a theoretical basis for patient manual handling and rationale for learning good transfer and patient handling techniques
- To improve confidence with respect to correct manual handling and transfer techniques for use with patients both in the community and in hospital
- To facilitate learning and confidence in using various equipment and assistive devices
- To provide associated education regarding functional mobility and transfers to family members as required.

**Presenter Details:**

Jacqui Wright is a physiotherapist who graduated from the University of Queensland in 2007. Prior to this, Jacqui completed a Human Movements Exercise Science Degree, which allowed her to work as an exercise physiologist for a number of years in a corporate gym and was involved in exercise prescription for specific populations such as the elderly and weight management groups.

Jacqui has worked at the Mater Private Hospital since 2008 in the Rehabilitation Unit and runs a clinic at a private practice 2 afternoons a week. She also has experience in the acute hospital inpatient wards.

**Venue Details:**

OTA Queensland division training room, Level 1, 238 Old Cleveland Rd, Coorparoo

The OTA building is a white building directly opposite Macaulay Street. Access to the training room is via stairs or lift. There is ample all-day street parking in surrounding streets. The building is 200 metres west of the intersection of Cavendish Rd and Old Cleveland Road and local landmarks include McDonalds (across the street) and Coles (two doors from the OTA office). If using a GPS, ensure you put the suburb in as Coorparoo.

The nearest bus stop (Macaulay Street bus stop number 22) is directly outside the building. Coorparoo train station is a 1km walk, which takes approximately 15 minutes.

Registration from 8.30am. Numbers are limited; book early to avoid disappointment.