Occupational Therapy for Chronic Disease:
Diabetes and Respiratory Blended Learning Series
Presented by Dr Kieran Broome & Renae Knight
Wednesday, 7 May 2014 - Webinar 1
Wednesday, 10 May 2014 - Webinar 2
Wednesday, 21 May - Workshop

Blended Series Overview:
This blended series combines webinars with a face-to-face component. The webinars can be undertaken as independent CPD activities (refer Occupational Therapy for Chronic Disease: Diabetes - Part 1 and Occupational Therapy for Chronic Disease: Respiratory Conditions - Part 2 for more information). We are offering a $30 saving to do all 3 components of the series!

Chronic disease self-management is a buzz-word in health, given the increasing incidence of diabetes, respiratory, cardiac and other chronic conditions. This blended learning series will explore chronic disease self-management from an occupational therapy perspective.

In two knowledge-based webinars, participants will explore the fundamentals of chronic-disease self-management as well as the occupational impact of diabetic and respiratory conditions. Following the webinars, there will be a skill-based one day workshop will develop your ‘hands-on’ skills in areas as diverse as behavioural change, falls interventions for chronic disease, pulse oximetry and managing annoying oxygen cords. Includes case-based learning opportunities.

At the end of the series you will:
- Know the medical basics of diabetic and respiratory conditions
- Understand the impact of these conditions on daily life
- Develop generic chronic disease skills in goal-setting, action and coping planning and lifestyle change
- Explore behaviour change models such as motivational interviewing and coaching to find your niche
- Have skills and knowledge to meet the common occupational performance difficulties encountered by people with diabetes and respiratory conditions
- Have skills and knowledge to address common symptoms or sequelae of these chronic diseases, such as depression, oedema, fatigue and breathlessness.

Presenter Details:
Dr Kieran Broome is an occupational therapy pracademic (practitioner and academic). He is a Lecturer and researcher at the University of the Sunshine Coast, and an Occupational Therapist with the Brisbane South Chronic Disease Service and in his own private practice. He has a passion for working with people with a range of physical conditions, from musculoskeletal injuries to end-stage respiratory disease. Kieran is committed to bridging the gap between contemporary research evidence and the hands-on skills and knowledge that support everyday practice.

Renae Knight BAppSci (OT) Uni Sydney, Grad Cert Hlth Sci (OT), Driver Trained OT.
Renae is an Occupational Therapist who has specialised solely in the area of Chronic Disease since 2006, and has presented nationally on this topic. She has held positions across the continuum of care, from acute neurosurgery and trauma in a large tertiary public hospital, to a sole therapist in a rehabilitation unit of a private hospital, during her varied career.

Webinar & Venue Details:
Webinars: OTA - Qld Division will be using Go To Webinar for the webinar sessions. You will require a PC or laptop with headset or speakers. Specific instructions and log in details will be provided several days prior to the webinar. It is advised you set up and follow online orientation tutorials when you receive this information to ensure everything works properly.

Workshop: Comfort Inn & Suites Robertson Gardens, 281 Kessels Rd, Nathan Robertson Gardens is a 15 minute drive south of the CBD and is well serviced by Translink. Car parking is available free of charge on site. Accommodation is also available. Bookings can be made directly with the venue on (07) 3276 4380.